

What is important to me when I am at work:

- A friendly atmosphere
- People sticking to time frames
- Accommodation of change
- People asking questions when they don't understand.
- Feedback both positive and negative

Kate Cowan

What People Like and Admire About Me:

- Approachable
- Willing to help out.
- Honest
- Optimistic



How best to support me when I am at work:

- Understand when my heads down I can't always stop instantly.
- I'll never refuse a brew ☺
- The smallest thing can have the biggest impact.

How I implement Future Directions mission and values in my daily work:

I like to think outside the box making me more flexible and accommodating of change and other's needs.