

One Page Profile Rachel Clayton



What people like and admire about me

- ☞ Team Player
- ☞ Hard Working
- ☞ Good Sense of Humour
- ☞ Enthusiastic
- ☞ Can Do Attitude
- ☞ Good with technology
- ☞ Committed
- ☞ Tenacious
- ☞ Organised
- ☞ Supportive
- ☞ Problem Solving
- ☞ Approachable

What's Important to me

- ☞ A friendly and respectful work environment.
- ☞ To know where I am up to with my work.
- ☞ Recognition for things I have done well.
- ☞ Understanding the background to what I am doing.
- ☞ Learning new things.
- ☞ Having time at home to chill out.
- ☞ Spending time with friends and family.

How Best to Support Me

- ☞ Try not to interrupt me if I look really involved in a task.
- ☞ Let me know if something is urgent so I can prioritise it.
- ☞ Tell me if I have done something wrong or something well.
- ☞ Remind me to move away from my desk from time to time.
- ☞ Don't let me carry anything heavy.
- ☞ To have the radio on or background noise – I hate silence!